



Three Sisters Salsa

Kitchen Creations

Ingredients

- 1 15oz can of black beans, drained
- 1 can of corn
- 4 tomatoes, small diced
- 1 zucchini, small diced
- 1 small red onion, finely chopped
- ½ large bunch of fresh cilantro, roughly chopped
- Juice of 2 limes
- 2 TBSP extra virgin olive oil
- 1 tsp chili powder
- Salt and pepper

Directions

1. Combine all ingredients together in a large bowl and adjust seasonings to taste.
2. Serve salsa with tortilla chips.

Tips for Kids

- Using a butter knife or other dull knife, encourage your child to cut the fruit into smaller pieces.
- Have your child help place all the ingredients into the bowl and mix everything together.

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